

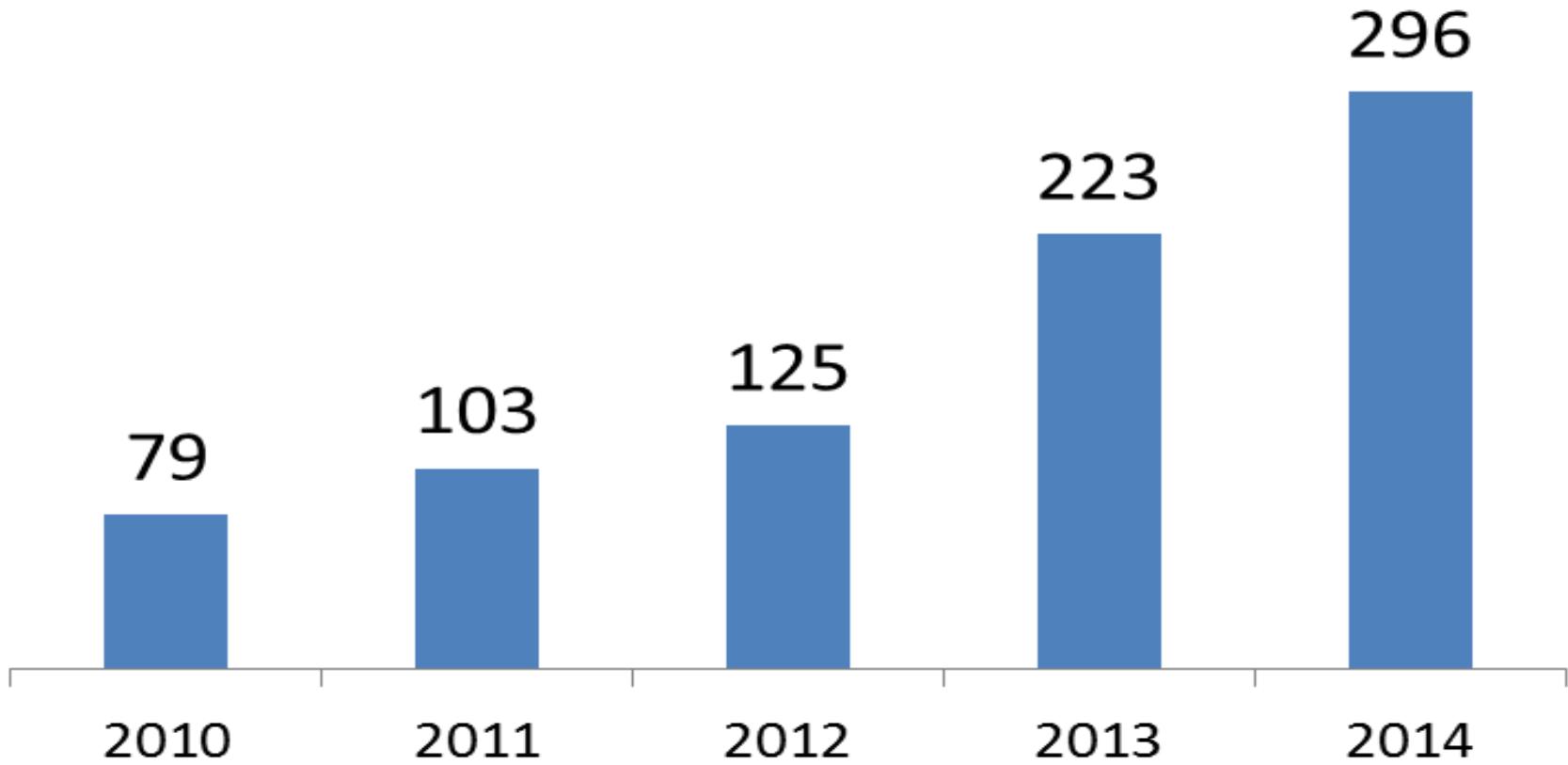
# *Embryo's scoren: Je staat er niet alleen voor*

Hanna Kostelijk



VU medisch centrum

## deelnemers

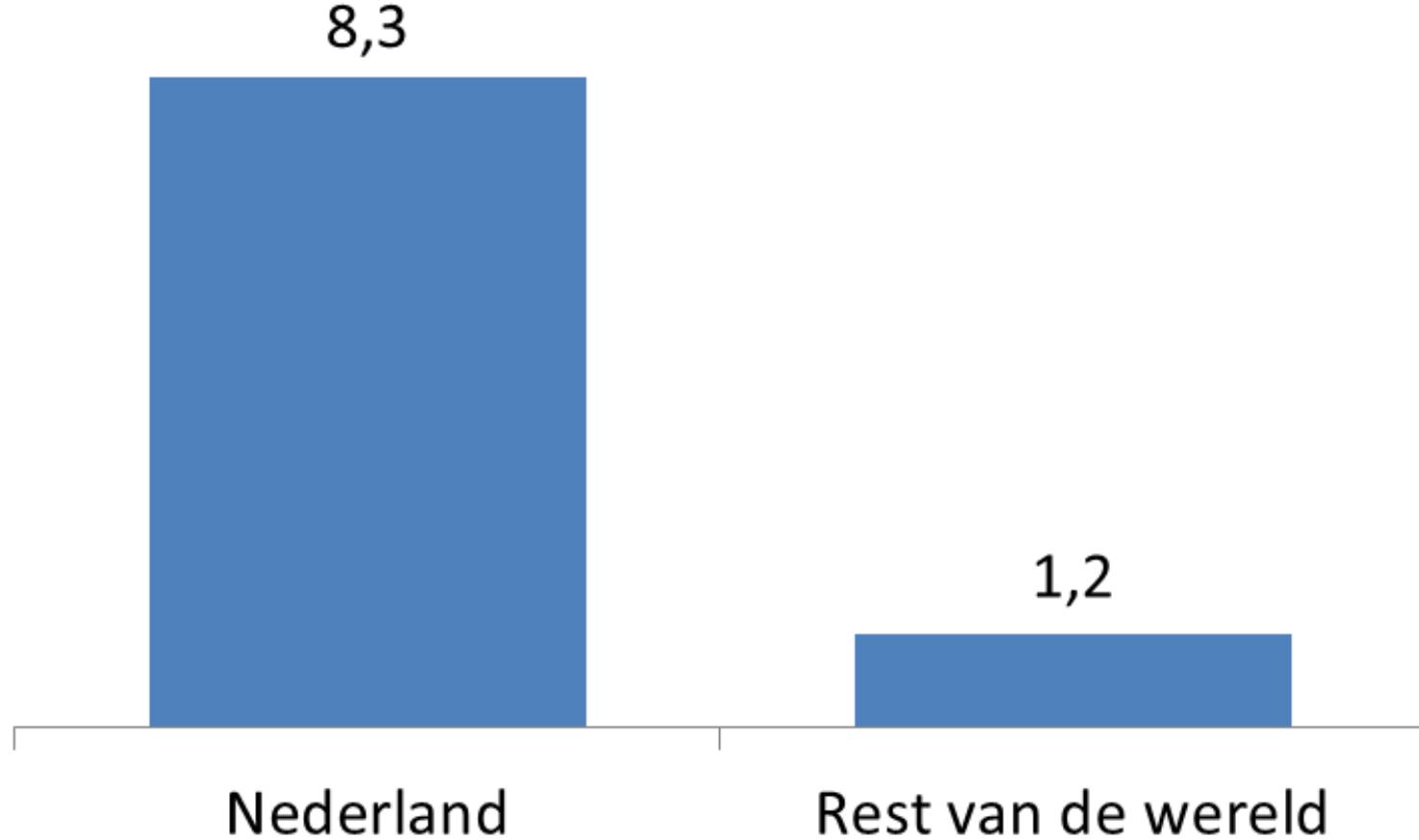


## Totaal # deelnemers eind 2014

Land	labs	Geregistr. gebruikers	Gem. # gebr./lab
Nederland	15	125	8.3
Rest van de wereld	142	171	1.2
<b>Totaal: 42 landen</b>	<b>157</b>	<b>296</b>	<b>1,88</b>



## # deelnemers/lab



# embryo-online.eu

**main menu**[home](#)  
[score grading](#)**results**[archive all labs](#)**login menu**

username

password

remember me **login**[forgot your password?](#)  
[forgot your username?](#)**welcome**Countdown to the next survey: **1 day**

Embryo-online.eu is a project carried out in collaboration with the IVF-Laboratorium VUmc (VU University Medical Center, Amsterdam, the Netherlands). Embryo-online is fully realized with open-source applications and it is free. It is a simple, easy and quick tool to compare the overall embryo-score and ET-selected other participating laboratories.

You can also compare your personal scores with the scores of your colleagues working in your lab. The latter is only possible after [registration](#). The goal is to optimize standardization in embryo-scoring and grading and reducing differences in results between participant.

Voting is possible from **March 11th until the 25th of March 2015**.

**Surveys 2015**

survey	start	close
mar-15	11-03-2015	25-03-2015
jun-15	10-06-2015	24-06-2015
sep-15	09-09-2015	23-09-2015
dec-15	02-12-2015	16-12-2015

**Participants (geo chart)**

survey participants	#
registered users	301
labs	223
countries	48

country	# registered users	# labs
	1	1
Argentina	4	3
Australia	3	3
Austria	3	3
Belgium	7	3
Brazil	3	3
Bulgaria	1	1
Canada	19	11
Denmark	5	3





Favorieten

embryo score

# embryo-online.eu

**main menu**[home](#)[blastocyst score](#)[score grading](#)**results**[archive my lab](#)[my statistics](#)**user menu**[my details](#)[certificate](#)**login menu**

hi Hanna Kosteljik,

[log out](#)**blastocyst score**

Assign the score according the Gardner blastocyst grading system covering 3 separate quality scores to

**voting  
possible****poll title**

- |  |  |
|--|--|
|  | <a href="#">videofragment 15-01</a>                |
|  | <a href="#">videofragment 15-02</a>                |
|  | <a href="#">videofragment 15-03</a>                |
|  | <a href="#">videofragment 15-04</a>                |
|  | <a href="#">videofragment 15-05</a>                |
|  | <a href="#">blastocyst selection for ET (15-I)</a> |



## my statistics

## blastocyst

According the Gardner blastocyst grading system covering the Blastocyst development stage.

blastocyst videofragment	my answer (value)	vumc.nl			all users			z score	
		avg	std	(n)	avg	std	(n)	z1 (vumc.nl)	z2 (all users)
videofragment 13-01	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.69	0.61	(13)	3.99	0.83	(76)	0.51	0.01
videofragment 13-02	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.15	0.53	(13)	3.08	0.69	(75)	1.60	1.33
videofragment 13-03	B4 Expanded blastocyst, cavity larger than the embryo (4)	4.00	0.00	(13)	4.04	0.48	(74)	0.00	0.08
videofragment 13-04	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.69	0.46	(13)	3.88	0.88	(74)	0.67	0.14
videofragment 13-05	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.23	0.42	(13)	3.31	0.93	(74)	1.83	0.74
videofragment 13-06	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.85	0.66	(13)	4.34	0.92	(124)	0.23	0.37
videofragment 13-07	B3 Full blastocyst, cavity completely filling the embryo (3)	1.83	0.55	(12)	1.43	0.56	(120)	2.13	2.80
videofragment 13-08	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.67	0.47	(12)	3.56	0.84	(116)	0.70	0.52
videofragment 13-09	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.75	0.43	(12)	3.73	0.59	(117)	0.58	0.46
videofragment 13-10	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.92	0.28	(12)	3.76	0.62	(117)	0.29	0.39
videofragment 13-16	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.33	0.47	(9)	3.25	0.76	(129)	1.43	0.99
videofragment 13-17	B3 Full blastocyst, cavity completely filling the embryo (3)	3.00	0.47	(9)	2.77	0.64	(127)	0.00	0.36
videofragment 13-18	B3 Full blastocyst, cavity completely filling the embryo (3)	3.56	0.50	(9)	3.56	1.01	(126)	1.12	0.55
videofragment 13-19	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.56	0.68	(9)	3.68	0.64	(124)	0.65	0.50
videofragment 13-20	B4 Expanded blastocyst, cavity larger than the embryo (4)	4.00	0.94	(9)	4.20	1.01	(123)	0.00	0.20
videofragment 14-01	B4 Expanded blastocyst, cavity larger than the embryo (4)	3.38	0.62	(13)	3.50	0.75	(144)	1.00	0.67





Favorieten



home

# embryo-online.eu

## main menu

[home](#)[blastocyst score](#)[score grading](#)

## results

[archive my lab](#)[my statistics](#)

## user menu

[my details](#)[certificate](#)

## login menu

hi Hanna Kosteljik,

[log out](#)

## welcome

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country	# registered users	# labs
	1	1



# embryo-online.eu

This is to certify that

Hanna Kostelijk

(vumc.nl)

in 2014 has participated in

100%

of the embryo-online surveys

Average z-score in 2014(\*)

0.578

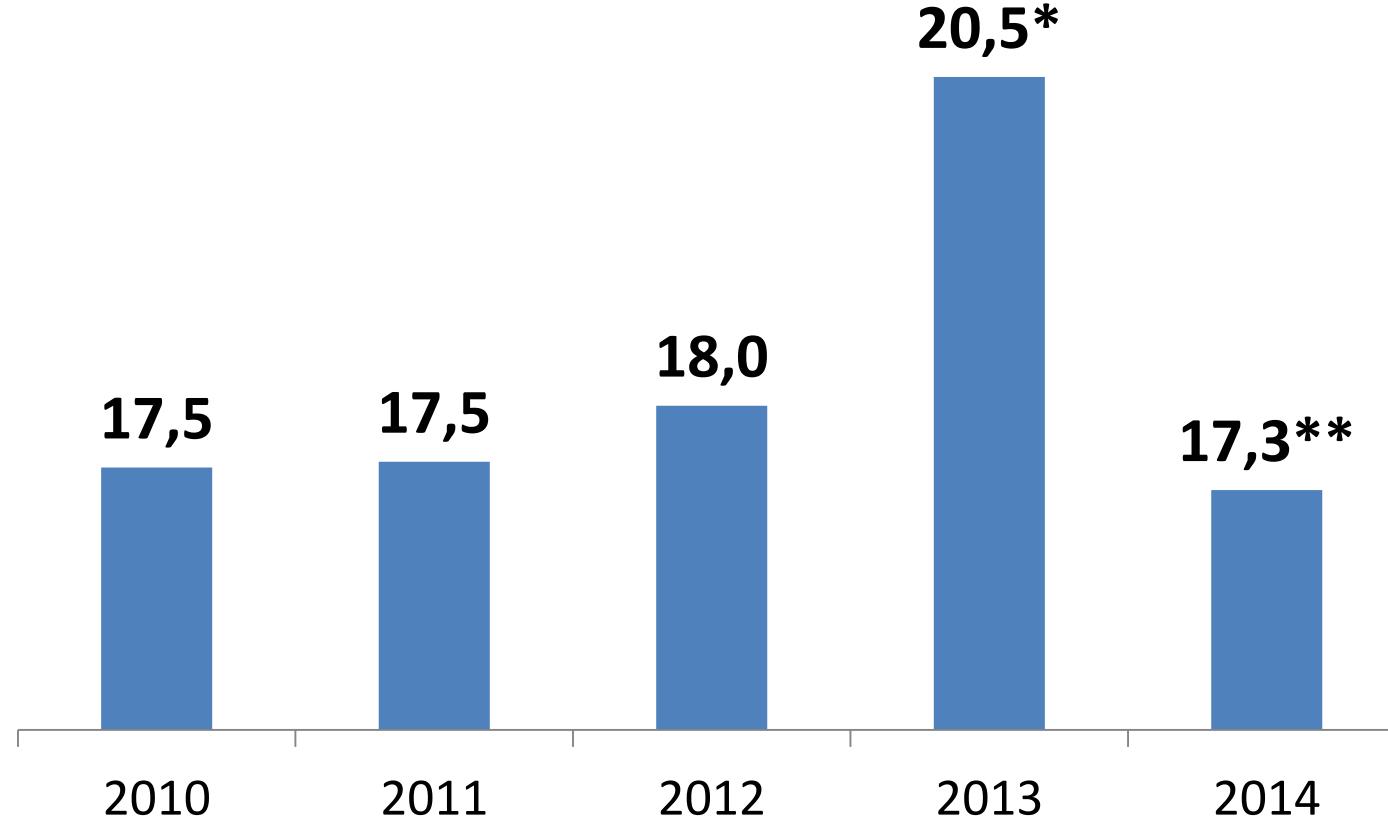
In 2013, your participation percentage was 97% and your z-score was 0.752.

Amsterdam, March 2015  
G.Furia, embryo-online.eu administrator

(\*)average distance of all my answers value from the mean (avg) measured in standard deviations.



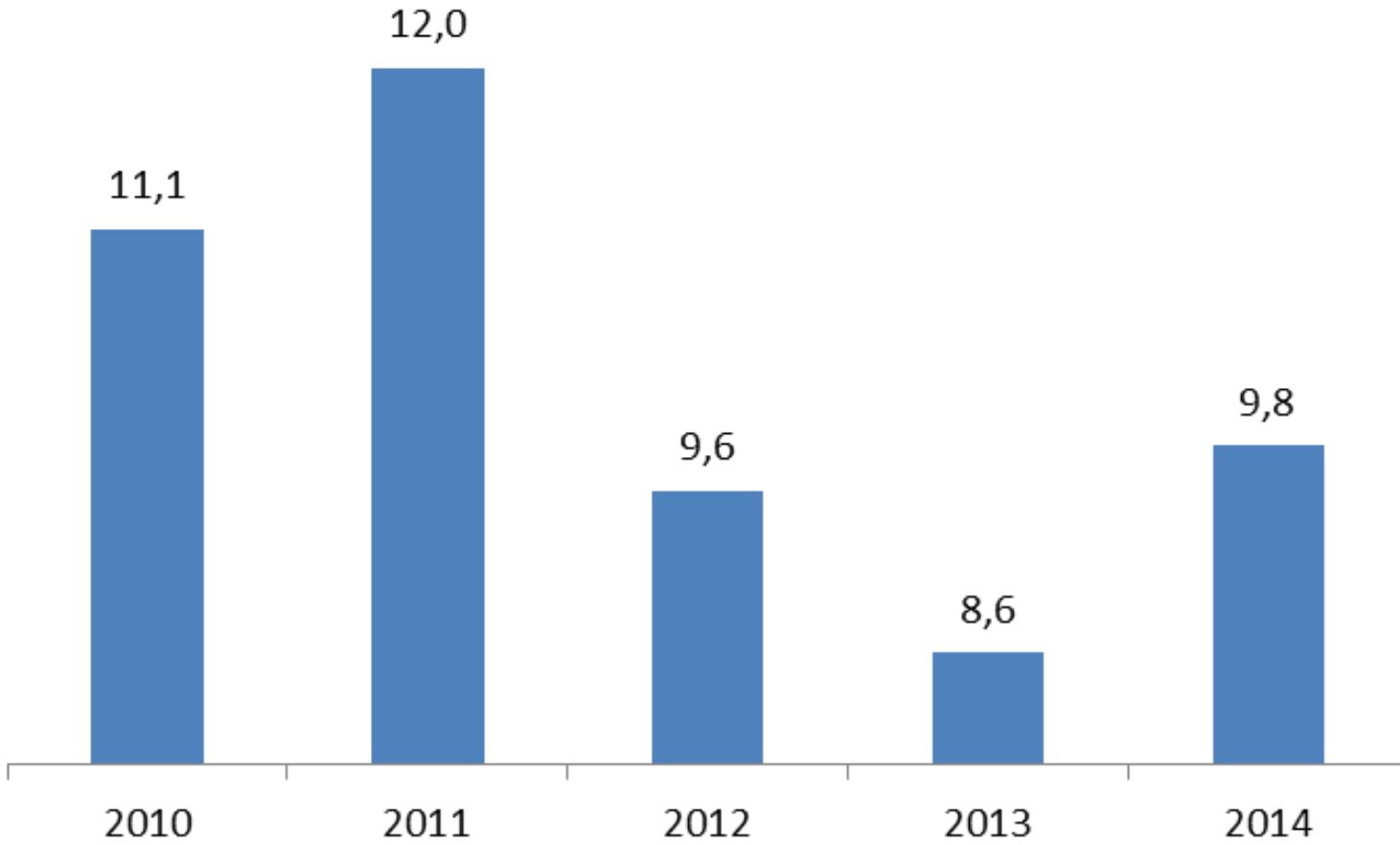
Gem. VC%  
(gradatie + aantal cellen) en blastocyst score  
4 rondzendingen per jaar



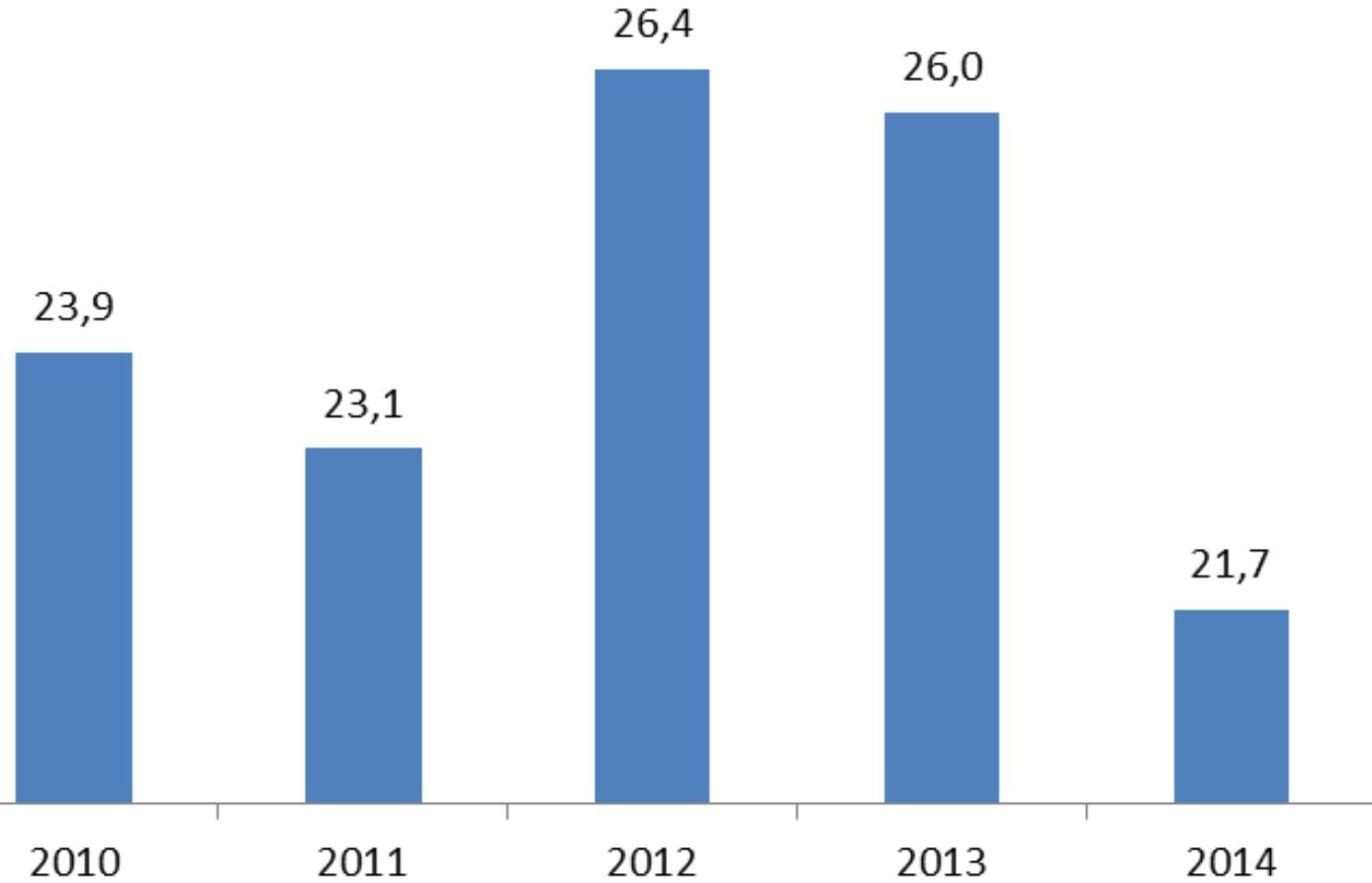
\* 3 blastocyst rondzendingen  
\*\* 1 blastocyst rondzending



## Gem. VC% cel aantal

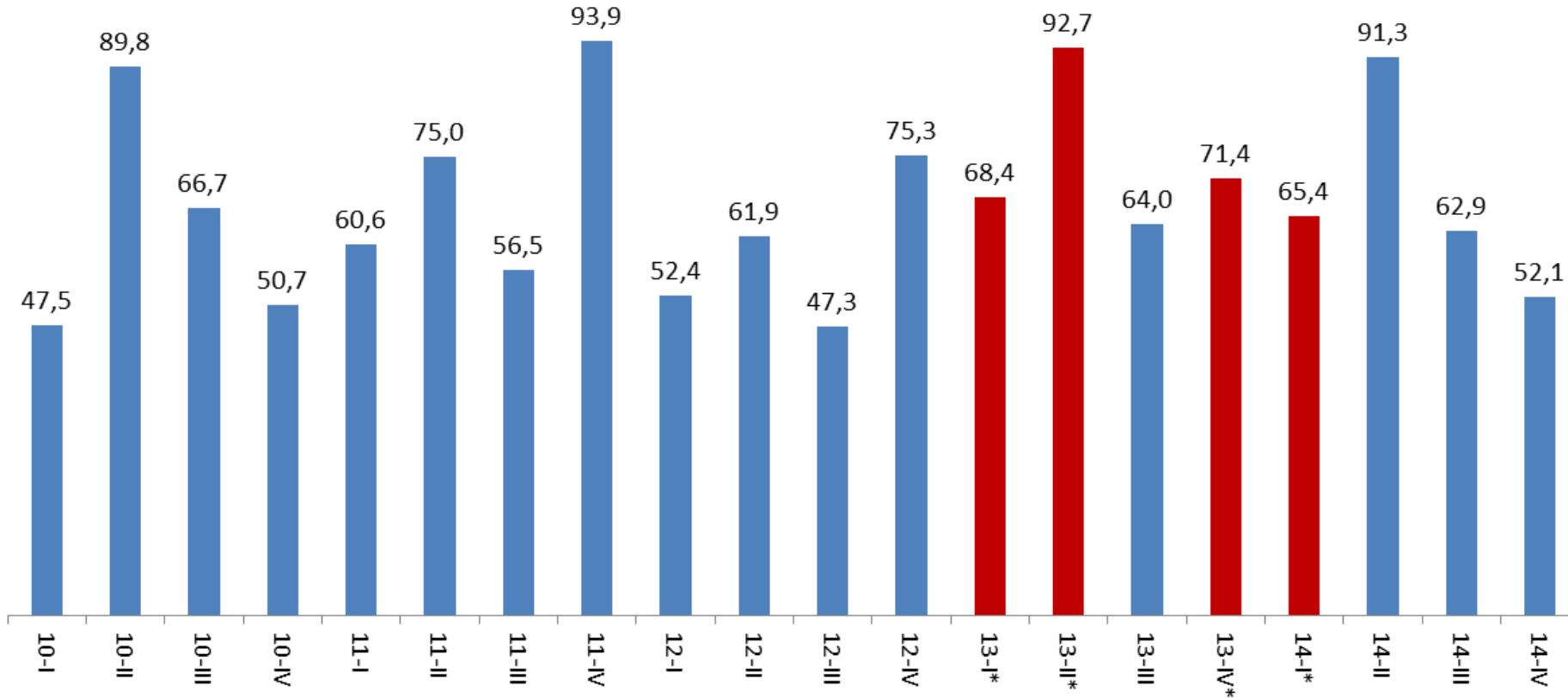


## Gem. VC% gradatie



## % overeenstemming ET embryo/blastocyst

(bijvoorbeeld 10-I: 47,5% koos hetzelfde embryo voor ET)



## Voordelen

- Persoonlijke statistiek
- Afwijkende resultaten makkelijk te identificeren



## Nadelen

- Kwaliteit videofragmenten
- Embryo's/blastocyst kwaliteit heeft invloed op statistiek, (bij gradatie 1 > cv % bijna 0)
- Lab met 1-2 deeln. kunnen niet genieten van intralab statistiek
- Score methode is niet universeel



## embryo grading

grade	
1	blastomeres of equal size, no fragmentation
2	blastomeres of unequal size, <10% cytoplasmic fragments or granular blastomeres
3	blastomeres of unequal size, 10-50% cytoplasmic fragments and granular blastomeres
4	blastomeres of unequal size, >50% cytoplasmic fragments and granular blastomeres

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## blastocyst grading

### Blastocyst development stage

grade	development status
B1	Blastocoel cavity less than half the volume of the embryo
B2	Blastocoel cavity more than half the volume of the embryo
B3	Full blastocyst, cavity completely filling the embryo
B4	Expanded blastocyst, cavity larger than the embryo, with thinning of the shell
B5	Hatching out of the shell
B6	Hatched out the shell

### Inner cell mass (ICM)

grade	ICM quality
1	Many cells, tightly packed
2	Several cells, loosely grouped
3	Very few cells

### Trophectoderm (TE)

grade	TE quality
1	Many cells, forming a cohesive layer
2	Few cells, forming a loose epithelium
3	Very few large cells



**The Istanbul consensus workshop  
on embryo assessment: proceedings  
of an expert meeting<sup>†</sup>**

**2011**

Alpha Scientists in Reproductive Medicine and ESHRE Special  
Interest Group of Embryology

**Table VI Consensus scoring system for cleavage-stage  
embryos (in addition to cell number).**

<b>Grade</b>	<b>Rating</b>	<b>Description</b>
1	Good	<ul style="list-style-type: none"><li>• &lt; 10% fragmentation</li><li>• Stage-specific cell size</li><li>• No multinucleation</li></ul>
2	Fair	<ul style="list-style-type: none"><li>• 10–25% fragmentation</li><li>• Stage-specific cell size for majority of cells</li><li>• No evidence of multinucleation</li></ul>
3	Poor	<ul style="list-style-type: none"><li>• Severe fragmentation (&gt; 25%)</li><li>• Cell size not stage specific</li><li>• Evidence of multinucleation</li></ul>



**Table VIII** Consensus scoring system for blastocysts.

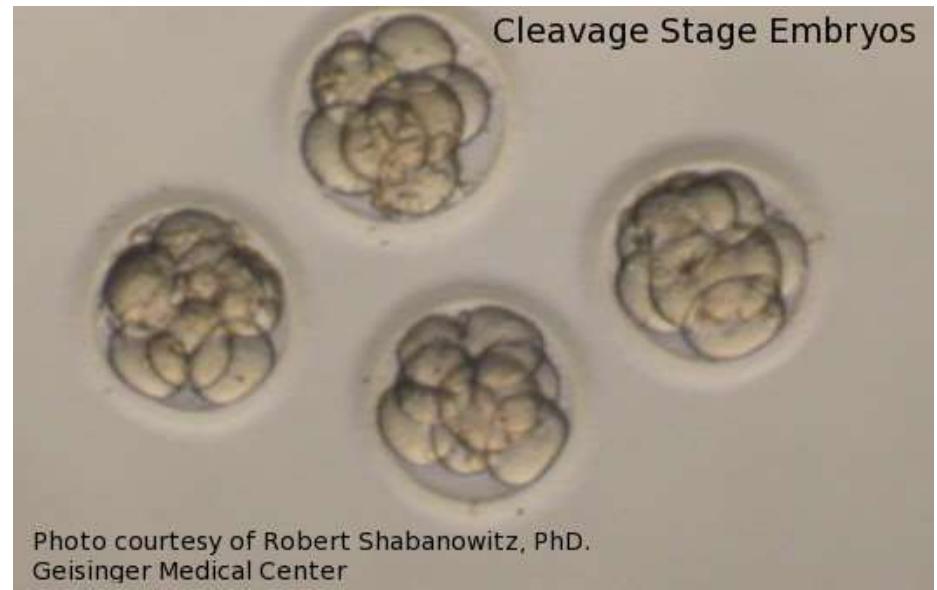
	<b>Grade</b>	<b>Rating</b>	<b>Description</b>
Stage of development	1		Early
	2		Blastocyst
	3		Expanded
	4		Hatched/hatching
ICM	1	Good	Prominent, easily discernible, with many cells that are compacted and tightly adhered together
	2	Fair	Easily discernible, with many cells that are loosely grouped together
	3	Poor	Difficult to discern, with few cells
TE	1	Good	Many cells forming a cohesive epithelium
	2	Fair	Few cells forming a loose epithelium
	3	Poor	Very few cells

The scoring system for blastocysts is a combination of the stage of development, and of the grade of the ICM and of the TE (e.g. an expanded blastocyst with a good ICM and a fair TE would be scored as 312). It is a numerical interpretation of the Gardner scale (Gardner and Schoolcraft, 1999a,b).

En nu zelf aan het werk.

De “discussie embryo’s”.....

<http://squax.nl/embryo-online/>



## CONCLUSIE

- 1. Klassikaal**
- 2. Variatiecoëfficiënt**
- 3. Door uniforme beoordelingen →**
  - Betere selectie mogelijk**
  - Betere kwaliteitsborging mogelijk**
  - Beter onderzoek mogelijk**

